



## THE EASTERN CAPE'S BEST KEPT SECRET

St Francis Bay on the “Sunshine Coast” has the mildest temperatures and the longest sunshine hours on the coast – attracting holiday makers from all over the world to enjoy its glorious beaches, excellent water-sport facilities, scenic walks and leisurely lifestyle.

Cape St Francis Resort offers accommodation from 5 star luxury beach villas to 4 star hotel rooms and 3 and 4 bedroom beach cottages and apartments to suit all budgets and tastes. All are suitable for either a bed and breakfast or self-catering basis.

This coastline is renowned as a water sport paradise with surfing, kite-surfing, surf ski and canoe paddling on the beautiful waters off both Cape St Francis and St Francis Bay's as well as on the nearby Kromme River. If you are a beginner, not to fear, as lessons can also be arranged.

For golfers, the top ten rated St Francis Links offers the keen golfer an excellent challenge of links golf with the nearby St Francis Bay Golf Club offering an easier but still challenging round of golf.

Cape St Francis is home to no less than five beautiful nature reserves, Cape St Francis Nature Reserve, Seal Point Nature Reserve, Seal Bay Nature Reserve, St Francis Field Nature Reserve and Irma Booysen Flora Reserve. These reserves offer a wide variety of walks suitable for all levels of fitness and experience. These walks, hikes and trails take you through natural coastal lands filled with indigenous plant and wildlife.

For those of you who are feeling more adventurous, how about trying the Chokka Trail, a four day trail, which takes in three picturesque fishing villages, a rugged coastline, sand dunes as far as the eye can see, a tidal river, protected fynbos, wetlands and a visit to South Africa's only privately owned working harbour

The Resort is also a good place to start if you would like to explore the Baviaanskloof Wilderness Area, a World Heritage Site and great area for walking, horse riding or simply taking in the scenery from your vehicle.

The Resort, just 90 minutes from Port Elizabeth airport, is the ideal base from which to explore all that the area has to offer from golf, canal and river cruises, walking/hiking, surfing and whale watching to ending the evening sitting with a G&T and watching the sun go down.

For full details please visit <http://www.capestfrancis.co.za>.