



## Serena Beach Maisha Health Spa – Shanzu beach, North of Mombasa, KENYA

The Serena Beach Hotel and Spa on Shanzu Beach, north of Mombasa in Kenya opened its new Maisha Spa (Maisha meaning 'life' in Swahili) in May 2007. Facilities at the spa include four single treatment rooms and two divisible treatment rooms all with their own shower amenities, two plunge pools, two saunas, two steam rooms, a yoga/meditation room and a hair and beauty salon. A wide range of Elemis treatments and packages will be available and signature treatments will range from deep tissue massages to 'ritual coconut milk' body wraps – all using all-natural essential oils and sea extracts etc. The hotel offers a wide range of activities including free watersports.

This is a great beach extension to a Kenyan safari. Their 2-night "MAISHA" SPA BREAK includes accommodation, return Flights between Nairobi and Mombasa, a beachside Breakfast with "bubbly", a luxury Vanilla scented candle in your room, a fresh Fruit basket, healthy eating options during your stay and a choice of TWO spa treatments.

**They also offer a honeymoon package where for a small extra fee of US\$350 you get the honeymoon suite with a balcony overlooking the ocean, a beach breakfast with bubbly, a poolside private diner for two with wine, a massage and gifts in your room of nuts, fruit and flowers etc.**

Website: [www.serenahotels.com](http://www.serenahotels.com).